

# *CONTACT !*



## ***Lest We Forget***



*Blue Mountains Vietnam Veterans  
and Associated Forces Inc.*

*2019  
Issue 1  
January, February, March*

*BMVAF express their thanks to Senator the Hon Doug Cameron, Senator for NSW, for his support to the Blue Mountains Vietnam Veterans and Associated Forces Inc., particularly by allowing the BMVAF to use his communications entitlement for the production of this newsletter.*

# CONTACT !

**Patron:** Colonel Nerolie Irene McDonald

**Office Address:**

Blue Mountains Theatre & Community Hub, 104-108 Macquarie Road Springwood NSW 2777

**Postal Address**

Post Office Box 55 Springwood NSW 2777

© JOURNAL OF BLUE MOUNTAINS VIETNAM VETERANS and ASSOCIATED FORCES INC.  
incorporating

RAAF VIETNAM ASSOCIATION and the QANTAS "SKIPPY SQUADRON" ASSOCIATION

ABN 74 645 329 198

CFN 17276

THE ASSOCIATION FOR THOSE WHO SERVED IN ALL POST WORLD WAR II CONFLICTS

## *Your Committee*

<b>President:</b>	<i>Peter Jones</i>	<i>(02) 4751 8833</i>
<b>Vice President:</b>	<i>Angus McDonald</i>	<i>(02) 4575 1997</i>
<b>Secretary:</b>	<i>Chris McKay</i>	<i>0427 794 914</i>
<b>Treasurer:</b>	<i>Craig Terrey</i>	<i>(02) 4754 1957</i>
<b>Committee Member:</b>	<i>Sydney Cole</i>	<i>(02) 4784 3717</i>
<b>Committee Member:</b>	<i>William Hogue</i>	<i>(02) 4753 6755</i>
<b>Committee Member:</b>	<i>Roger Lawlor</i>	<i>(02) 4754 4753</i>
<b>Wellbeing Coordinator:</b>	<i>Angus McDonald</i>	<i>(02) 4575 1997</i>
<b>Yard Maintenance:</b>	<i>William Hogue</i>	<i>(02) 4753 6755</i>
<b>Vietnamese Liaison Officer:</b>	<i>Jack Lake</i>	<i>(02) 4754 2144</i>
<b>Association Padre :</b>	<i>Colin Aiken OAM RFD</i>	<i>0417 203 722</i>
<b>Website Manager :</b>	<i>Wendy Humphrys</i>	<i>(02) 47518 528</i>
<b>CONTACT! Editor:</b>	<i>Wendy Humphrys</i>	<i>(02) 47518 528</i>

## **2019**

### **Association Meeting Dates**

*Meetings commence at 1000hrs at our office  
at the Blue Mountains Theatre &  
Community Hub, Springwood NSW*

Meeting  <b>Tuesday 16 April 2019</b>	AGM Meeting  <b>Sunday 19 May 2019</b>
Meeting  <b>Thursday 13 June 2019</b>	Meeting  <b>Thursday 11 July 2019</b>

**Office Manager: Wendy Humphrys**

**Phone: (02) 4751 8528**

**Email: [secretary@bmvets.com.au](mailto:secretary@bmvets.com.au)**

**Web site: [www.bmvets.com.au](http://www.bmvets.com.au)**

**Office Hours are Tuesdays and Thursdays between 10:00 and 14:00**

## *Wellbeing*

***Please contact our office on (02) 4751 8528 Tuesdays & Thursdays 10:00am to 2:00pm***

***Or***

***Angus McDonald, our Wellbeing Coordinator on (02) 4575 1997***

## ***PRESIDENT'S REPORT***

Since our last Contact!, Christmas & New Year have come and gone. I hope everyone had a safe and healthy time. That all your expectations for the year come to fruition.

You will have noticed this issue contains raffle tickets. So remember if you can't buy or sell your tickets, please return as soon possible to our office.

Please read dates of raffles and contact the office on (02) 4751 8528 or myself on 0415 923 411 or (02) 4751 8833 for raffles you can do.

At our latest Committee Meeting it was passed that future meetings will be held on Thursdays at the Hub and will be members meetings, so all members can attend and be up to date with all things concerning our association and also to put forward suggestions for a better run association. Please check inside the front cover for dates and times of meetings.

The Council has generously decided to pay for the Traffic Management Plan for Memorial Day. Our Guest of Honour is still in the lap of the gods (Secretary that is).

Happy Easter to you all & you'll hear from me in the next edition.

Cheers

*Peter Jones*

## ***SECRETARY'S REPORT***

**It would be remiss of me to start my report by not making mention of the shocking event in Christchurch on Friday the 15<sup>th</sup> of March 2019. Our thoughts are with all the people affected by this senseless act of terrorism.**

We are about to start our first raffle for 2019 and as you all know this is our major source of income that enables us to continue our welfare activities so please dig deep and buy as many books of tickets as you can and volunteer to be available to sell tickets at local shops if you live in the Blue Mountains area. Apart from assisting in our welfare efforts the raffle has great prizes \$1500 - \$600 and \$400 preloaded Visa Cards that can be used just about anywhere.

You may not be aware that The BM Nashos Association is closing down and we are pleased to welcome Les Hogan, John McKechnie and Brian Seers who have joined our Association we are keen to keep their tradition carrying on. Also welcome to new members Owen Wood who served in 8RAR in Vietnam, Michael Reynolds from HMAS Melbourne in Vietnam and Walter Smith from the US Navy in Vietnam/Korea.

I know I mention this in every one of my reports but we still have a large number of members who are still unfinancial – It's ONLY \$10 a year and this fee helps to offset our mailing and admin costs so if you know that you are unfinancial (refer to the section in this Copy of Contact titled Membership) that will let you know when you are paid up to. Even if you are a few years behind all we want is you to pay for 2019 \$10. Over to all of you to get **FINANCIAL**.

Our AGM is on Sunday the 19<sup>th</sup> of May 2019 at The Springwood Theatre Hub. All our committee positions will become vacant so I look forward to Members nominating for these positions. In closing I hope you and your families have a safe and enjoyable Easter break.

Best regards

*Chris McKay*

***WELLBEING REPORT***  
***from our Vice President & Wellbeing Coordinator***



**Veterans support gets a new look**

The Veterans and Veterans Families Counselling Service (VVCS) has a new name and a new look and has become *Open Arms*, with the tagline *Veterans and Families Counselling*.

Open arms are a very powerful symbol of support, safety and security, particularly for Vietnam Veterans, whose lifeline was the Huey helicopter.

The Hueys would either take them out to safety or provide critical supplies. But to let the pilot know where to land, one soldier has to stand in the field with open arms, completely vulnerable.

Their new logo reminds us of those brave soldiers, while also representing so much to contemporary veterans - families welcoming soldiers home, land crew directing planes and of course, the policy to welcome those who need support.

This brand change comes at a time when we are expanding eligibility to anyone who has served for one day or more and their immediate family, who can now seek counselling about any issue they face.

The nationally accredited service has been the cornerstone of the Australian Government's veteran mental health support for more than 35 years, when it was established to support Vietnam Veterans.

It provides 24 hour free and confidential counselling to former and current Australian Defence Force personnel and their families.

If you need support call 1800 011 046 any time of the day or nights.

For more information about the name change please visit

<http://www.vvcs.gov.au/openarms/index.htm>

**Wellbeing Support**

I endeavour to support Veterans and their families in any way that I can. Since the last Contact! newsletter I have provided the following support:

Two nursing home visits

Eight visits to widows

Two funerals attended

Twenty-seven phone calls

***Angus McDonald***

## ***WELLBEING REPORT***

Following the theme from the previous issue of Contact, your team has formed the view that the column should be informative rather than just quoting raw statistics.

You will notice that the Report is headed “Wellbeing Report” that is because in discussion with DVA it has been expressed that “Welfare” does not truly amplify what your volunteer practitioners do for the Service, Ex-service & Widow community. Wellbeing encompasses all facets of support, although the Advocates (note that title, no longer Pension Officer or Welfare Officer) who concentrate on assisting with Claims are now called Compensation Advocates.

For an ex-service entity that initially centred on the Blue Mountains we certainly punch above our weight. As mentioned in the previous edition, Del Heuke OAM resigned as Welfare Co-ordinator for NSWACT but did not slow down. Del is our representative on the mid North Coast where she continues with Wellbeing & Mentoring, her geographical area of responsibility is larger than the Greater Blue Mountains; Del is a member of the ATDP Regional Implementation Group 2 NSW/ACT/WA (RIG2 NSW/ACT/WA)

John Fenton is your ATDP3 Advocate & Mentor to trainee Advocates encompassing the Penrith/Nepean/Blue Mountains/Central West NSW area, he also is a member of the RSL & Service Clubs Association fund raising committee for the RSL Lifecare H4H homeless veteran’s program. John is also a member of the RIG2 NSW/ACT/WA. During the reporting period both Del & John attended the one day RIG2 Committee meeting at DVA Sydney followed by a two day Mentoring Workshop.

One of the roles of ATDP Advocates/Mentors is to establish a “Community of Practice” with ESOs in our area to mutually discuss & support each other. Certainly there is a lack of trained volunteer practitioners within a radius from our Headquarters in Springwood, whereas on the Mid North Coast progress has been made.

John has started the process with ESOs who want to move forward despite the lack of trained Advocates or who have Advocates who are TIP Trained but choose not to undertake ATDP Training. ESOs who have expressed interest are St Mary’s VVAA, Castle Hill RSL, Seven Hills RSL, Sydney Legacy HQ with informal “coffee Catch-up” occurring with Springwood RSL, BM Legacy, Blaxland/Glenbrook RSL & Bathurst Legacy.

Not forgetting our “frontline” support in the Nepean/ Blue Mountains area is our stalwart, Angus, who undertakes primary Wellbeing support for those Members & potential clients in the locations in proximity to our Springwood HQ. Angus’s activities take away some of the burden from John being the first point of contact for those members & non members requesting assistance.

*John Fenton JP*  
ATDP3 Advocate



## Padre's Corner

### March 2019

Hello Everyone,

This year Easter and ANZAC Day occur in close proximity to each other, and so as you read this article, I invite you to reflect on both the sacrifice of those who have served our Nation in times of peace and war, and also the great sacrifice of Christ on our behalf on the cross where Christ paid the supreme price for our sins. We read in St John's Gospel 3:16

**For God so loved the world that he gave his only Son, so that everyone who believes in him will not die but have everlasting life.**

If we can look past the Easter Eggs, and Easter Bilbies, we can see that It is the great sacrifice of Christ on the Cross and the resurrection of Christ that we celebrate during the Easter Season and all Christ's death and resurrection means for all humankind.

Jesus also taught:

**Greater Love has no one than this: than to lay down one's life for another**  
**John 15:13 NIV**

These words which we find on War Memorials and headstones through the world remind us of the willingness of men and women to serve their Nation, to leave our shores to serve throughout the world in the cause of world peace. Many of these men and women would not return having laid down their lives for others in the cause of peace; while many would be wounded in body or mind.

**During Easter I encourage you to** reflect on the great sacrifice of Christ on the cross for us and for all people, **and as** ANZAC Day approaches let us also remember with pride and thanks, the great sacrifices made by so many men and women on our behalf in the cause of world peace.

May I pray for all of us

May the Risen Christ our good shepherd  
 surround *you and your loved ones and friends* with love,  
 fill *you and your loved ones and friends* with peace, and lead *you and your loved ones* in hope,  
 and may the blessing of God Almighty,  
 the Father, the Son, and the Holy Spirit,  
 be with *you, your loved ones and friends* and remain with *you* always. Amen

Best wishes to you and yours,

*Colin Aiken*  
 0417203722

# *Vales*



## **Kenneth Malcolm Barnett OAM**

10/04/1929 - 25/01/2019

Royal Australian Navy

3/02/1943 to 17/05/1954

Service Number 039 - RAS Number A53244

Commodore

Theatres of Operation - BCOF, Malaya, Korea, FESR



## **John Anthony Cross**

8/03/1948 - 16/03/2019

Royal Australian Army

22/03/1970 to 9/12/1971

Service Number 2794625

Lance Corporal

Vietnam 29/10/1970 to 23/08/1971

1st Field Squadron RAE



## **Kevin Thomas Squires**

16/08/1933 - 7/02/2019

Royal Australian Army

Service Number 242599

Vietnam 21/01/1967 to 13/06/1967

Warrant-Officer Class 2

101 Field Workshop

*Lest We Forget*





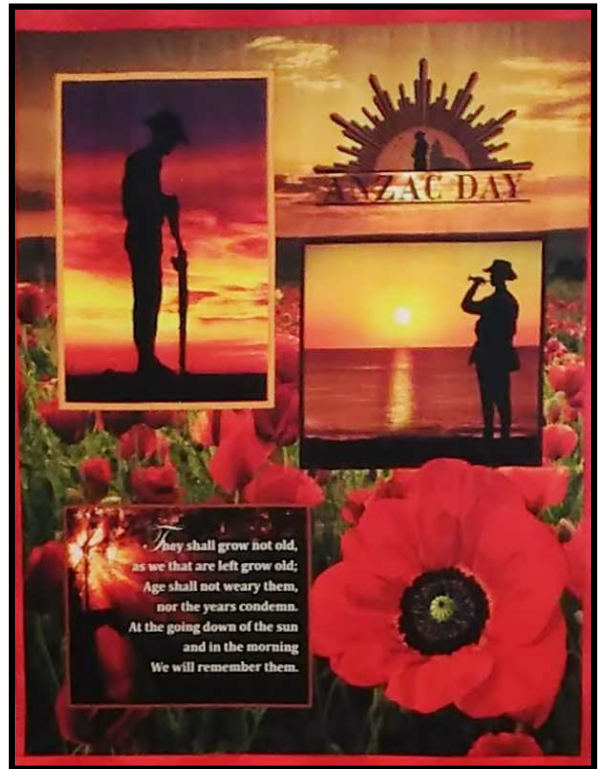
## ANZAC Day Wall Hanging

We thank Myf Hobson for the beautifully quilted ANZAC Day wall hanging, which she made. It was generously donated by herself and her husband Ted, via our association member Greg Meek.

It is on display in our office and has been much admired by our association members and all our visitors.



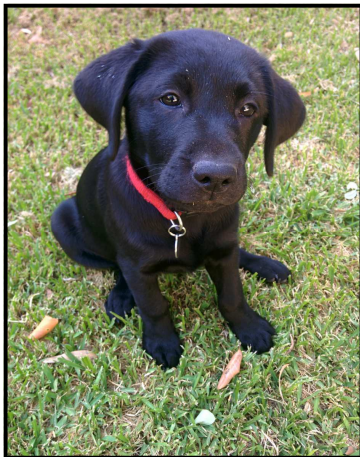
Ted & Myf Hobson



Please feel free to visit our office to have a look if you are able

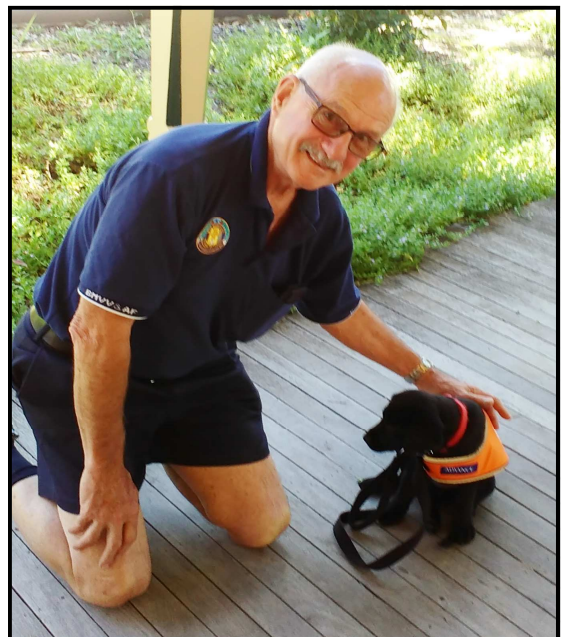
## Guide Dog Puppy

Our Treasurer, Craig Terrey and his wife Karen are raising a prospective Guide Dog puppy called Daina. She is Craig's constant companion, who assists him in the office on Tuesdays and Thursdays. She also keeps the rest of us on our toes, when she is awake!



Picture of Craig Terrey & Daina (wearing her Guide Dog in Training coat)

We are still trying to work out who is the boss!!!



She will probably be with Craig and Karen for about twelve months, before going on to do some very intensive training.

All of us, in the office, give our support to Craig and Karen for this very worthwhile task they are undertaking.



# Mid-year Raffle

Dear Member

## Enclosed Mid-year Raffle Tickets

We have enclosed a book of 10 tickets for our Mid-year Raffle to all members, with the total prizes valued at **\$2500.00**. Should you not wish to participate in this raffle, please return the unsold tickets to the Association.

**The tickets are \$2 each or 3 for \$5 (\$17 for the book).** Please return the ticket butts, with your details written on them, and the monies by cheque or EFT (please do not send cash) as soon as possible, but no later than Tuesday, 9 July 2019.

<b>1st Prize</b>	<b>\$1500.00</b>	<b>Prepaid VISA or MasterCard</b>
<b>2nd Prize</b>	<b>\$600.00</b>	<b>Prepaid VISA or MasterCard</b>
<b>3rd Prize</b>	<b>\$400.00</b>	<b>Prepaid VISA or MasterCard</b>

These cards can be used at **any** retail store, that accepts them.

The raffle will be drawn on **Sunday 14 July 2019**, the winners will be notified immediately. Results will be published in the following addition of Contact! and the Blue Mountains Gazette of Wednesday, 17 July 2019.

Our Bank Details are as follows:

BSB:	032-837
Account Number:	138817
Bank:	Westpac, Springwood NSW

Please include your name or membership number as the transferee detail.

Yours faithfully

*Chris McKay*  
Secretary

Dear Raffle Stall Volunteer

### RE: MID- YEAR RAFFLE STALLS

The raffle program is below with all the confirmed dates.

Please contact me or the office to let us to know your availability.

The contact phone numbers are as follows:

Peter Jones            Home: 47518 833  
                                  Mobile: 0415 923411

Office                    (02) 47518 528

Kind regards

Peter Jones  
 President

### MID-YEAR RAFFLE STALL DATES

DATE	LOCATION
SUNDAY 26 MAY	GROWERS' MARKET SPRINGWOOD HUB
THURSDAY 30 MAY	WINMALEE
SATURDAY 1 JUNE	SPRINGWOOD
THURSDAY 6 JUNE	EMU PLAINS
THURSDAY 13 JUNE	LEURA WOOLIES
SATURDAY 15 JUNE	WENTWORTH FALLS
THURSDAY 20 JUNE	KATOOMBA
SATURDAY 22 JUNE	BLAXLAND
SUNDAY 23 JUNE	GROWERS' MARKET SPRINGWOOD HUB
THURSDAY 27 JUNE	WINMALEE
SATURDAY 29 JUNE	HAZELBROOK
THURSDAY 4 JULY	LEURA WOOLIES
SATURDAY 6 JULY	BLAXLAND
THURSDAY 11 JULY	EMU PLAINS
SATURDAY 13 JULY	SPRINGWOOD

**RAFFLE DRAWN SUNDAY 14 JULY 2019**

## **NOTICE OF 2019 ANNUAL GENERAL MEETING**

The Annual General Meeting of Blue Mountains Vietnam Veterans & Associated Forces Inc. will be held at

The Blue Mountains Theatre & Community Hub, Level 1,  
104-108 Macquarie Road, Springwood NSW  
at 10:00am on Sunday 19 May 2019.

A copy of the Audited Financial Report will be available at the meeting.  
Copies of the Agenda & Office Bearer Nomination Form are attached.

The business of the meeting will be:

1. Ode
2. Confirmation of minutes of the 2018 Annual General Meeting
3. President's Report
4. Treasurer's Report
5. Receipt of annual financial statements for the year ending 2018
6. Election of office bearers:
  - a. President
  - b. Vice President
  - c. Secretary
  - d. Treasurer

We encourage you to consider standing for one of these positions to bring new people onto the management committee, by completing the Nomination Form on Page 14.

Yours sincerely

Chris McKay  
Secretary

## **Membership Renewal**

Just a reminder that your membership falls due on 1st January each year, unless you are ahead in your payment.

When you received the Contact! newsletter by post, your date of membership will be printed on the front of the envelope.

For people on our email list, that is twice a year at non-raffle ticket time.

Your membership is current to 31 December of the year printed on the envelope.

A Renewal of Membership Application form is on the last page of this newsletter.

If you have any queries regarding your membership please contact the office.

**BLUE MOUNTAINS VIETNAM VETERANS & ASSOCIATED FORCES INC.  
AGENDA OF THE 2019 ANNUAL GENERAL MEETING  
IN ACCORDANCE WITH PART 4.26 OF THE CONSTITUTION  
*held on Sunday 19 May 2019 at 10:00am at  
the Blue Mountains Theatre & Community Hub, Level 1,  
104-108 Macquarie Road, Springwood NSW***

Welcome by President.

Silent reflection remembering those members who have departed this life since the 2018 Annual General Meeting.

Apologies.

Confirmation of the minutes of the 2018 Annual General Meeting held on 20 May 2018.

Business arising out of those minutes.

President's Report in accordance with Part 4.24 of the Constitution.

Treasurer's Report, receive and consider the financial statement of the Association.

Receive other Sub-Committee Reports.

Suspension of Standing Orders & Election of Returning Officer.

Election of Office Bearers and Ordinary Members of Committee in accordance with Part 4.15 of the Constitution.

Reappointment of Honorary Auditor

*(Mrs Jillian Williams CPA, FFIN, FASFA, MRMIA, MIPA has agreed to continue in this appointment.)*

Appointment of Public Officer

*(Mr Stafford Lowe has agreed to continue in this appointment.)*

Reappointment of Honorary Solicitor

*(Mr Trevor Cork BA, LL.M, FTIA has agreed to continue in this appointment.)*

General Business.

Close of Meeting.



## Darrell's Gopher Page



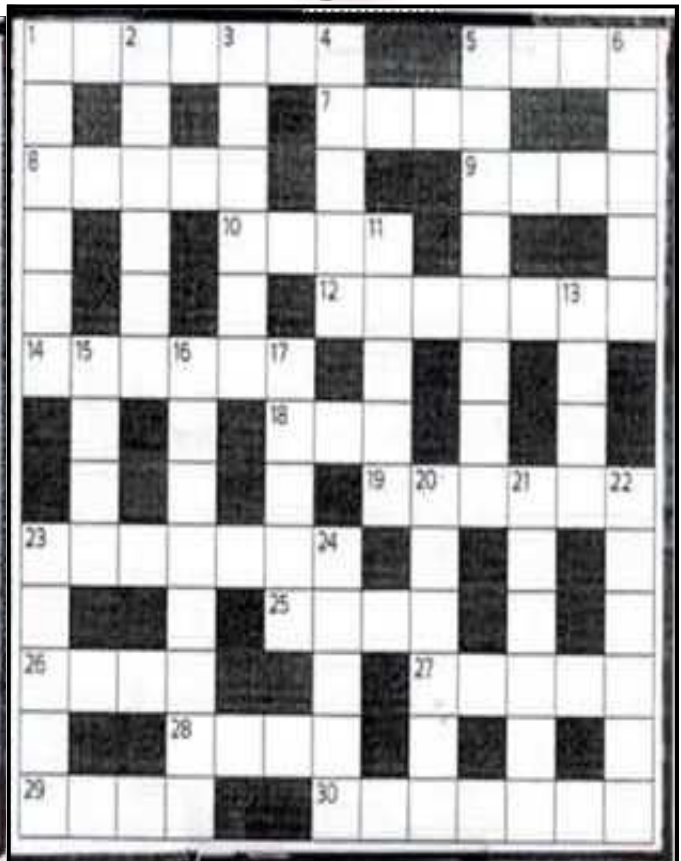
### CROSSWORD # 10

#### ACROSS

1. Sailor (7)
5. Carbon deposit (4)
7. Section (4)
8. Permit (5)
9. Living area (4)
10. London Underground (4)
12. Anytime [anag] (7)
14. Mission (6)
18. Flow (3)
19. Bold (6)
23. Merciful (7)
25. Uncomplicated (4)
26. The Abominable Snowman (4)
27. Discover (5)
28. Candid (4)
29. Spoil (4)
30. The \_\_\_\_, Shakespeare play (7)

#### DOWN

1. Sparse (6)
2. Levelling machine
3. Sir Isaac \_\_\_\_, physicist (6)
4. Dance (5)
5. Outsider (8)
6. Comic magician, \_\_ Cooper (5)
11. Rectify (5)
13. Urban community
15. Popular shrub (4)
16. Aim, aspiration (8)
17. Constant hum (5)
20. Political refuge (6)
21. Breathe in (6)
22. Gemstone (6)
23. Stratum (5)
24. Pollute (5)



The Department of the Navy just announced that the Marine Corps could no longer perform burials at sea for those who have departed this earthly life. It seems that too many sailors have drowned trying to dig a grave.



### CHECK FOR ALZHEIMERS - PRETTY AMAZING

The following was developed as a mental age assessment by the School of Psychiatry at Harvard University. Take your time and see if you can read each line aloud without a mistake.

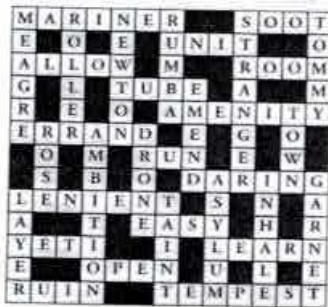
The average person over 60 years of age cannot do it!

1. This is this cat.
2. This is is cat.
3. This is how cat.
4. This is to cat.
5. This is keep cat.
6. This is an cat.
7. This is old cat.
8. This is fart cat.
9. This is busy cat.
10. This is for cat.
11. This is forty cat.
12. This is seconds cat.

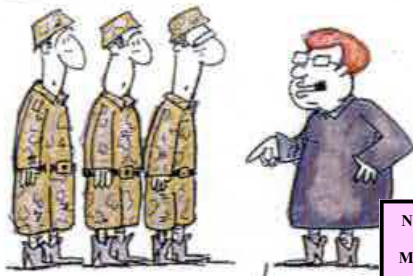
Now go back and read the third word in each line from the top down.....



### CROSSWORD # 10



Boot Camp just got a whole lot tougher.....



Try having to walk in those every day!



## Cannibals

Five cannibals are employed by the Army as scouts and translators during one of the island campaigns during World War II. When the Commanding Officer welcomes the cannibals he says, "You're all part of our team now. We will compensate you well for your services, and you can eat any of the rations that the soldiers are eating. But please don't indulge yourselves by eating a soldier."

The cannibals promise not to.

Four weeks later, the CO returns and says, "You're all working very hard, and I'm very satisfied with all of you. However, one of our Master Sergeants has disappeared. Do any of you know what happened to him?"

The cannibals all shake their heads no. After the CO leaves, the leader of the cannibals turns to the others and says, "Which of you idiots ate the Master Sergeant?"

A hand raises hesitantly, to which the leader of the cannibals replies, "You fool! For four weeks we've been eating Lieutenants, Captains, and Majors and no one noticed anything, then YOU had to go and eat an NCO!"

## Great Expectations

While talking to a potential recruit, the military recruiter said, "Exactly what kind of job are you looking for in the military?"

The high school kid said, "I'm looking for something with an enlistment bonus of about \$20,000, where I won't have to work too hard, wear a uniform, and won't have to deploy overseas, unless it is to Noosa."

The recruiter said, "Well, what if I could hook you up with a skill that allowed you to come straight in as a Lieutenant, where you'll only work weekdays, and you can have the base of your choice and stay there as long as you want?"

The young recruit sat up straight and said, "Wow! Are you kidding?"

The recruiter replied, "Yeah, but you started it."

## Paratrooper Joke

A paratrooper on his first jump stares at his parachute doubtfully. "What should I do if it doesn't open," he inquires of his Sergeant who is handing them out.

"Just bring it back, lad," comes the smooth answer, "and I'll replace it."

**DISCLAIMER:** This newsletter is produced for the membership of the Blue Mountains Vietnam Veterans and Associated Forces Inc., complimentary copies are distributed to interested parties. **Contact!** is written with care, in good faith and from sources believed to be accurate at the time of writing. Readers should not, however, act nor refrain from acting, solely on the basis of information in this newsletter about financial, taxation or any other matter. Readers, having regard to their own particular circumstances, should consult the relevant authorities or other advisers with expertise in the particular field. Neither the Blue Mountains Vietnam Veterans and Associated Forces Inc., nor the management committee or Editor, accept any responsibility for actions taken by readers.

### REPORTS / PUBLICATION DEADLINES - 2019

Issue 1 - 1 March 2019  
Issue 2 - 1 June 2019  
Issue 3 - 1 September 2019  
Issue 4 - 1 December 2019

(This form must be returned to the <sup>15</sup>secretary 7 days prior to the AGM)

**BLUE MOUNTAINS VIETNAM VETERANS & ASSOCIATED FORCES INC.**

(ABN 74 645 329 198)

CFN 17276)

**Postal Address: Post Office Box 55, Springwood NSW 2777**

**NOMINATION AS OFFICE-BEARER OR ORDINARY MEMBER OF COMMITTEE**

I,.....  
(name and signature of proposer)

**Nominate**

.....  
(name of nominee)

for the position of:.....

I,.....  
(name and signature of seconder)

**Hereby second the above nomination:**

I,.....  
(full name and signature of nominee)

**Hereby accept nomination for the position**

of:.....

Date:.....

*Office Use Only*

Date received by Secretary: .....

Membership status verified: .....

Nomination recorded in minutes of meeting: .....

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**BLUE MOUNTAINS VIETNAM VETERANS & ASSOCIATED FORCES INC.**  
**(ABN 74 645 329 198 CFN 17276)**  
**PO BOX 55 SPRINGWOOD NSW 2777**  
**Phone: (02) 4751 8528 Email: secretary@bmvets.com.au**

**MEMBERSHIP/ASSOCIATE MEMBERSHIP RENEWAL APPLICATION**

Please renew my membership/associate membership of the Blue Mountains Vietnam Veterans & Associated Forces Inc for.....year/s

Surname:.....

Given names:.....

Address:.....

Town:.....State:.....Postcode:.....

Home phone number.....Mobile:.....

Email:.....

**PLEASE DO NOT SEND ANY NOTES THROUGH THE POST**

Annual Membership Fee: (BMVV&AF Inc.) \$ 10.00 x.....year/s \$

Membership Badge \$10:00 (plus \$5:00 postage if applicable) Total \$15:00 \$

Association Logo Car Sticker \$2:00 each \$

Vietnam Campaign Ribbons Car Sticker \$5:00 each \$

Pens \$5:00 each \$

Caps (with Logo) \$20:00 each (plus \$10:00 postage if applicable) Total \$30:00 \$

Polo Shirts (with Logo) - (Please ring the office for colours, sizes and prices) \$

Donation \$

I enclose a cheque/money order for TOTAL \$

**Payment Details**

**Cheque or Money Order** – please make the cheque payable to Blue Mountains Vietnam Veterans & Associated Forces Inc. and forward to the above address OR

**Direct Credit** - BSB: 032-837 (Westpac Bank Springwood NSW) Account Number: 138817

Account Name: Blue Mountains Vietnam Veterans and Associated Forces Inc. Reference: “*your name or membership number*”

**Please Note: Please don’t forget to include ‘your name or membership number’ as the reference.**

I agree to be bound by the rules of the Blue Mountains Vietnam Veterans & Associated Forces Inc.

SIGNATURE:.....DATE:.....

**Office Use Only**

Direct Debit/Receipt number:.....Date:..... Membership details updated:.....

Remarks:.....Membership card:.....





Legacy cares for young families and children, ageing and vulnerable widows and veterans' dependants with disabilities.

Help support the families of veterans in the Blue Mountains area.

Legacy seeks volunteers to assist local Widows and some families.

**Contact Jennifer Milton  
Legacy Club Services on 9248 9078**